## Breaffast available until 12pm

| Breakfast rolls | $£ 2.95$ |
| :--- | ---: |
| Back bacon gluten I sulphites |  |
| Lorne sausage gluten I sulphites |  |
| Vegan sausage gluten (ve) <br> All served in a morning roll |  |
| Selection of pastries $(v)$ <br> gluten I soya I milk | from $£ 2.10$ |
| Porridge pots $(v)$ <br> gluten I milk | $£ 2.50$ |
| Smoothies $(v)$ | $£ 3.75$ |

Hand blended mixed-fruit smoothies
Soup of the $\$$ ay
Gluten free bread available on request
Hearty home-made soup
served with crusty bread and butter
gluten in bread I milk in butter

Gluten free options available on request
Simple cheese ( $v$ )
gluten I milk I may contain soya

## Simple tuna

gluten | egg | fish | may contain mustard | soya

## Simple ham

gluten I may contain soya
Simple vegan cheese (ve)
gluten I may contain soya
Cheese Ploughman (v)
gluten I milk | sulphites I may contain nuts I soya

## Ham salad

gluten I egg | sulphites I may contain nuts I soya
Roast Turkey, Smoked Streaky Bacon, Lettuce

## Tomato \& Mayonnaise

gluten | milk | egg | soya | sesame | may contain nuts | peanuts
Roast Pork, Mustard, Apple And Celeriac Slaw gluten I egg | celery | mustard I may contain nuts | peanuts
Vegan Sage \& Onion Stuffing, Tempeh "Bacon",
Cranberry Sauce, Rocket Salad (ve)
gluten I soya I may contain nuts I peanuts

## Kids sandwiches:

Simple cheese, tuna or ham
cheese: gluten I milk I may contain soya
tuna: gluten I egg | fish I may contain mustard I soya ham: gluten I may contain soya
Gluten free options available on request

Gluten free options available on request

| £3.75 | Triple Cheese (v) <br> gluten I milk I may contain soya | £4.50 |
| :---: | :---: | :---: |
| £3.75 | Ham \& Swiss Cheese <br> gluten I milk I may contain soya | £4.75 |
| $£ 3.75$ $£ 3.75$ | Tuna Melt gluten \| milk | egg | fish | may contain soya | mustard I celery | £4.75 |
| £4.25 | Roast Turkey, Cranberry \& Swiss Cheese gluten I milk I may contain soya I nuts | £4.95 |
| £4.40 | Smoked Bacon, Brie \& Red Onion Panini gluten I milk I may contain soya I nuts | £4.95 |
| £4.75 | Cheese \& Herb Roasted Mushrooms (v) gluten I milk I may contain soya I nuts | £4.95 |
|  | Vegan Cheese, Vegan Bacon and Cranberry (ve) <br> gluten I soya I may contain nuts | $£ 4.95$ |
| £4.75 | Gluten Free Cheese (gf) milk I soya I may contain nuts | £4.75 |
| £4.75 |  |  |
|  | Yiods Grab Bags <br> Gluten free bread available on request | £5.95 |
| £1.65 | Kids Sandwich (Simple Cheese, Simple Ham or Simple Tuna Mayonnaise), drink, fruit, crisps, sweet treat |  | Coffee Shop

Hot Drives
Latte

## Cappuccino

 dairy free milks availableMocha
Flat White
Hot Chocolate

Americano
Double Espresso
Tea - Breakfast I Earl Grey I Green Chamomile I Peppermint I Red Berry

Peppermint Mocha £3.65

Tiramisu Mocha
Gingerbread Latte
Coconut Hot Chocolate


Sweet Treats
Handmade gateaux, cakes, muffins, and tray bakes from £1.85

Coll Draws
Can O Water In Bra I Irn Bra Sugar Free Coke I Diet Coke
Cawston Press Can/Carton
from
£1.75
San Pellegrino

