# Breakfast available until 12pm

**Breakfast rolls** £2.95

Bacon gluten | sulphites

Lorne sausage gluten | sulphites

Vegan sausage gluten I sulphites

All served in a morning roll

Selection of pastries (v) from £2.10

gluten | soya | milk

£2.50 Porridge pots (v)

gluten | milk



Hot Drinks

dairy free milks decadent mixed

available

Latte Cappuccino

Mocha Flat White

**Hot Chocolate** 

all £2.95

flavour shots

+50p

Americano

**Double Espresso** 

**Tea** - Breakfast | Earl Grey | Green Chamomile | Peppermint | Red Berry

all £2.70

# Treat yourself!

Coconut iced mocha £2.95 £3.35 Oat vanilla matcha latte £3.35 Kinder Bueno coffee £2.00 Strawberry iced tea

Sweet Treats

Handmade gateaux, cakes, muffins, and tray bakes

Cold Drinks

Can O Water Irn Bru | Irn Bru Sugar Free Coke | Diet Coke Cawston Press | San Pellegrino

### Handmade Sandwiches

Gluten free options available on demand

Simple ham	£3.75
Simple cheese (v)	£3.75
Simple tuna mayonnaise	£3.75
Simple vegan cheese (ve)	£3.75
Hot smoked salmon, lemon	£4.40
and dill creme fraiche, cucumber	
and rocket salad	
Masala chickpea, pickled red onion,	£4.40
salted cucumber, and rocket salad (ve)	

allergen info on packaging

#### Kids sandwiches - ham, cheese, £1.65 or tuna mayo

ham: gluten | milk | soya | sulphites cheese: gluten | milk | soya tuna: gluten | fish | | egg | milk | soya | sulphites

£5.95 Kids grab & go bag

Carton of water, sandwich (cheese, ham, or tuna) bag of crisps, piece of fruit and a sweet treat

### Polls

Roast chicken, chorizo, aioli, tomato	£4.75
& rocket salad	
Pastrami, sauerkraut, yellow mustard,	£4.75
mayonnaise, rocket salad	
Char sui tempeh, pickled veggies, spicy	£4.75
vegan mayo, coriander & rocket salad (ve)	

### Paninis

Gluten free options available on demand	
Triple cheese (v)	£4.50
Gluten   milk   may contain soya  Ham & cheese	£4.75
gluten   milk   may contain soya	
Tuna melt gluten   milk   egg   fish   may contain soya   mustard   celery	£4.75
Piri Piri chicken and cheddar cheese	£4.95
gluten   milk   may contain soya	C4.0F
Sloppy Joe (beef bolognese & mozzarella)	£4.95
gluten   milk   celery   fish   may contain soya	
Chipotle bean & Monterey Jack cheese (v) gluten   milk   celery   soya	£4.95
Vegan mozzarella, tomato & basil (ve)	£4.95

## Soup of the Day £3.50

Gluten-free cheese (v) (gf)

Hearty home-made soup

served with crusty bread and butter gluten in bread I milk in butter



£4.75