

**Breakfast rolls** 

Back bacon gluten I sulphites

May contain nuts | peanuts | sesame

Lorne sausage gluten | sulphites

May contain nuts | peanuts | sesame

Vegan sausage gluten (ve)

May contain nuts | peanuts | sesame | soya

All served in a morning roll

Selection of pastries (v)

from £2.50

from £3.20

gluten | soya | milk

Ask server or check display for options and allergens

Porridge pots (v)

£2.95

£3.85

gluten | milk | may contain nuts | soya

Soup of the Day (ve) (v)

Ask server or check display for options and allergens

Gluten free bread available on request

Hearty home-made soup

served with crusty bread and butter gluten in bread\* | milk in butter

\*May contain nuts | peanuts | sesame | soya

from £2.50

Ask server or check display for options and allergens

Latte

Cappuccino

Mocha

Flat white

Americano

Hot chocolate £2.95

Espresso	£2.50
Double espresso	£2.70
Chai latte	£3.25
<b>Tea</b> - A selection of teas	£2.70

**Gingerbread latte** £3.95 Toffee nut latte £3.95 £3.95 Peppermint hot chocolate

#### **Alternative Milks**

options and allergens

£0.30 Please ask server or check display for

Sweet Treats

Handmade gateaux, cakes, muffins, and tray bakes from £1.85

Cold Drinks

Can of cold drinks from £1.85



Allergen information on packaging Gluten free options available on request

Simple cheese (v)	£3.85
Simple cheese (v)	£3.63
Simple tuna mayonnaise	£3.85
Simple ham	£3.85
Simple vegan cheese (ve)	£3.85
Prawn Marie-Rose cucumber tomato & rocket	£4.55
Roast beef & horseradish mayonnaise,	£4.55
tomato & rocket	

## **Polls** Allergens on label

Roast turkey, smoked streaky bacon, mayonnaise, tomato and rocket	£5.25
Beetroot gravlax, lemon cream cheese, pickled red onion, capers, rocket. (v)	£5.25
Vegan bacon, "mayo", tomato & rocket (ve)	£5.25
Kids sandwiches:	£1.65

Simple cheese, tuna mayonnaise or ham

cheese: gluten | milk | may contain nuts | peanuts | sesame | soya tuna: gluten | egg | fish

may contain nuts | peanuts | sesame | soya | celery | mustard ham: gluten | may contain nuts | peanuts | sesame | soya

Gluten free options available on request

### Kids (Trab Bags

Check Packaging For Allergens

Gluten free cheese (gf)

Kids sandwich (cheese, ham or tuna), carton of water, fruit, crisps, sweet treat

# Paninis

Gluten free options available on request

Triple cheese (v) gluten   milk   may contain nuts   peanuts   sesame   soya	£4.75
Ham & cheese gluten   milk   may contain nuts   peanuts   sesame   soya	£5.25
Tuna melt gluten   milk   egg   fish   may contain nuts   peanuts   sesame   soya   celery   mustard	£5.25
Brie, smoked bacon & cranberry sauce gluten   milk   may contain nuts   peanuts   sesame   soya	£5.25
Roasted winter mushroom and cheddar cheese (v) gluten   milk   may contain nuts   peanuts   sesame   soya	£5.25
Vegan sage & cranberry stuffing & vegan cheese (ve) gluten   soya   may contain nuts   peanuts   sesame	£5.25

milk | soya | may contain nuts | peanuts | sesame | mustard



£5.25